

# FITNESS SUITE - DUAL USAGE FACILITY

# APRIL

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3 CSA CLOSED	4	5
6 CSA CLOSED	7	8	9	10 GP Referral 11am - 12pm	11	12
13 GP Referral 11am - 12pm	14 Junior Gym 3- 4pm	15 CVC PE Class 1.10 – 2.50pm	16	17 GP Referral 11am - 12pm Junior Gym 3- 4pm	18	19
20 GP Referral 11am - 12pm	21 Junior Gym 3- 4pm	22 CVC PE Class 1.10 – 2.50pm	23	24 GP Referral 11am - 12pm Junior Gym 3- 4pm	25	26
27 GP Referral 11am - 12pm	28 Junior Gym 3- 4pm	29 CVC PE Class 1.10 – 2.50pm	30			

**FREE WEIGHTS ROOM IS  
CLOSED MONDAY –  
FRIDAY BETWEEN 8.30AM –  
3.05PM DURING TERM TIME**

### DUAL USE AVAILABLE

The times highlighted blue indicates when the Fitness suite is hosting a class. At the stated times, members can use the Fitness suite but will be sharing the equipment with this class. Junior Gym has less than 6 students attending.

### STRICTLY RESTRICTED USE

The times highlighted in red indicates when the fitness suite is being used by a class of 15 or more. Members cannot access the fitness suite.



**VERY SORRY FOR ANY INCONVENIENCE CAUSED**